

S.W.E.A.C SHOUT OUT!



The Sudbury Workers Education and Advocacy Centre is a non-profit, community/worker based organization committed to improving the lives and working conditions of people in low-wage and unstable employment.

Right of the Month

Daily Hours & Breaks

The maximum hours you can work in a day at one job is 13. This includes a half hour unpaid break for every 5 hours you work. Your boss should not force you to work more than your regular work day; however, there may be some exceptions where you could be asked to stay later.



Nicole Beaulieu (left): Born and raised in Sudbury Ontario. She's a humanist feminist and an advocate for worker's rights. Working in the labour movement and helping others is as much part of Nicole's work as it is engrained in her personal values. Her current title as the Executive Director of the Sudbury Workers Education and Advocacy Centre allows her to help workers and make a difference in our community.



MAY Your Rights Be With You

Throughout this month we will be holding free workshops across the libraries in Sudbury about your rights at work.

Check S.W.E.A.C out on Facebook, Twitter and on our website to find the nearest workshop to you!



Jenny Fortin (right): Born and raised in Northern Ontario, Jenny was taught at an early age to advocate for equal rights and freedoms for all, often attending marches and rallies with her parents. Now, as the centres Outreach Worker, Jenny can exercise her passion of mobilizing and educating people in order to create long lasting change in Sudbury.

IN THE NEWS

Knowing your rights at work

Sudbury workers' centre hosts rights workshops for low-wage workers

By Scott Neigh

Most of us have heard people we know talk about lousy things that happen to them at work. Nicole Beaulieu certainly has – in fact, she hears that sort of thing all the time. However, unlike most of the rest of us, she is in a position to actually help.

Beaulieu is the executive director of the Sudbury Workers Education and Advocacy Centre (SWEAC), "a non-profit organization that offers free services to help workers." They are happy to answer questions from people who call or visit their office about the rules governing work and workplaces in Ontario, and they are willing to actively "advocate with [individual] workers, by providing support when they are facing an issue at work." But the single biggest thing they do is education. This month, SWEAC will be offering their introductory workshop eight times, with the goal of helping people throughout Greater Sudbury build knowledge, skills, and confidence for exercising their rights in the workplace.

Read more of this story at the following link:

<http://sudbury.mediacoop.ca/story/knowning-your-rights-work/33496>



This year S.W.E.A.C was fortunate enough to be the recipient of the donations made during the International Women Day event in Sudbury. We wanted to thank all those who attended and especially wanted to thank the Sudbury & District Labour Council Women's Committee for supporting this event each year.

Questions about your rights?

Contact Us

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FIGHT FOR \$15 AND FAIRNESS

S.W.E.A.C has joined forces with other organizations across Ontario in preparation for the Governments review of the Labour Relations and Employment Standards Act this summer.

To learn more about this great campaign for fairness and ways you can get involved check out the website or contact S.W.E.A.C!

<http://15andfairness.org/>